

Padeen Quinn, ND
Tabor Hill Clinic
2002 SE 50th
Portland, OR 97215
PH: (503)233-0585 FAX: (503)239-9192

Welcome to Tabor Hill Clinic.

Please find enclosed a Confidential Health Inventory that we ask that you fill out and bring with you to your first appointment. Please give careful consideration to each of the questions and answer them as best as you can. If you have current blood work and/or medical records, please bring them with you to the first office visit.

At your first appointment, Dr. Quinn will take a detailed history, perform the necessary physical exams, and order appropriate laboratory tests. A second visit is generally scheduled two to three weeks after the initial appointment to assess progress, fine tune therapeutic recommendations, discuss laboratory results if applicable, answer questions, and possibly treat with Bowen therapy (a form of soft-tissue manipulation). You should allow for one and a half hour to two hours for your first appointment and at least one hour for subsequent appointments.

Biography

Dr. Quinn grew up one of nine children on a dairy farm in Montana. She graduated summa cum laude from the University of Montana and received her doctorate in naturopathic medicine from the National College of Naturopathic Medicine. In addition to her private practice, Dr. Quinn is a faculty member at East-West College. She is also a Qigong instructor and Bowen therapist. She is the proud mother of three fabulous young adults.

Dr. Quinn embraces the tenets of naturopathic medicine:

- First Do No Harm: use the gentlest means possible to restore the individual to health
- Treat the Cause: examine all possible obstacles to cure
- Treat the Whole Person: examine physical, emotional, mental, spiritual, social and environmental impact on health
- Doctor as Teacher: educate the patient about their condition and how to achieve and maintain optimum health
- Viz Medicatrix Naturae: trust in the healing power of nature

Dr. Quinn employs an eclectic approach in helping patients achieve their health goals including clinical nutrition, lifestyle counseling, targeted amino acid therapy, botanical medicine, homeopathy, qigong, and physical medicine.

Fees:

Initial appointment:	\$125.00
Return visits:	75.00
Bowen therapy (if no office visit):	50.00

Phone consults for established patients are without charge if less than ten minutes, or if the nature of the call is to clarify a current treatment recommendation. If the call exceeds ten minutes, OR if new conditions are discussed and therapeutic recommendations made, then the call will be billed at \$25.00 per quarter hour rounded up to the quarter hour.

Student discounts available upon request.